

GIRL SCOUTS OF EASTERN PENNSYLVANIA

# Fall Leadership 2020

Hot on the Trail of a Mystery

Saturday, October 10, 2020

9:00am-9:30am 9:45am -12:00pm 12:00pm -1:00pm 1:00pm-3:15pm 3:30pm

8:00pm

Opening Ceremony/Welcome Sessions 1 & 2 Lunch break Sessions 3 & 4 Closing Ceremony All-Camp Campfire

## Join us as we move the annual Fall Leadership event to a virtual platform!

We'll kick off the event with games, networking, and fun in the Band App. Then, get inspired and informed during the 4 workshop sessions- you'll learn from Girl Scout volunteers, just like you!

## Woven through the event are your Fall favorites:

- Networking with other volunteers and staff
- Discovering exciting opportunities offered by your GSEP peers
- Surprises and fun while we re-connect and re-charge for the year

**Registration runs September 1**st-24th. Find details on pricing, registration details and workshops at-a-glance on the last page.

**Refunds-** GSEP is not able to issue refunds for this event.



Legend

#### **Audience**

DBJ= younger girls CSA= older girls

V= adults

### Topic

**△**= supporting girls

= outdoor

**☆**= fun

>= travel

Σ= STEM

= traditions

\_\_\_\_101- Knot Tying

Are you stomped on how to teach your girls knots? We will teach you knots for all levels of Girl Scouts and some fun games to help the girls learn the knots. You will walk away with a knot board and a keychain and other items for crafts and games to do with your troop.

\_\_\_102- SWAP it Up! 🔷

Girl Scout SWAPS, a long-standing tradition, are made to be traded later with other troops at Girl Scout events. Join us in this hands-on session to learn the traditions, make some fun SWAPS, and more to take back to your troop!

103- Paint Craft Trends 2020 ☆

Stay on top of the trends with this workshop – featuring three of Pinterest's hottest painting trends for 2020! You'll participate in two crafts: the easiest watercolor quote project ever and an awesome chalk scraping method you've got to see to believe. Plus – you'll be treated to a fun demonstration of a third painting technique that involves –FIRE-!!

\_\_\_\_104- Gold Award Training <mark>CSA</mark> 🔺

Participants will learn what makes a Successful Gold Project. Including how to submit a sold proposal. Program is taught by two Gold Committee members. \_\_\_\_105- Mysteries at the Museum 🔷 >

Did you know that the GSEP History Museum is a great resource for your troop's badge and journey work? We offer special tours and programs designed for your troop's needs. Join us on a virtual tour and take a peek at the behind-the-scenes work of the GSEP History Committee.

\_\_\_\_106- Leave No Trace for Younger Girls DBJ 🜣

Be prepared to help your girls earn the Buddy Camper, Cabin Camper and Eco Camper badges. Learn the skills and equipment needed to set you (and your girls) up for success.

\_\_\_\_107- GSEP Leadership for Older Girls CSA

Whether virtually or in person, there will always be leadership opportunities for Girl Scouts. Learn about some of the unique ways that older girls can demonstrate leadership at GSEP. It might be giving an opinion on a council level committee, leading younger girls in a variety of activities or taking the spotlight themselves! We'll discuss the standard and highest awards and then focus on the GSEP specific possibilities. Learn to get your girls in the lead!





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\_\_\_201- What's the Buzz? 🜣

Learn how to help your girls make the world a better, more sustainable place for pollinators and the plants that need them. In this workshop, you'll learn about all sorts of pollinators, including honeybees, and how to apply that information to a number of different patch programs and troop activities at different levels of Girl Scouting. We'll even take a quick tour into a local hive.

\_\_\_202- Decoding Menu Planning

How do you plan meals for a group? Big group? Outdoors? Allergies? Diets? Do you want to teach girls how to cook or bake? Where do you start? Let our experts give you tools and recipes to help. We will introduce you to food substitutes and how to prep in advance. This session is hands=on cooking, and will lead right into the lunch break.

\_\_\_203- Diversity 101 🔺

Diversity and inclusion are important parts of the Girl Scout experience. Using GSEP's tools and program, let's make our troops more thoughtfully inclusive.

\_\_\_204- Silver Award Training 🔺

Participants will learn the key components of the Silver Award: What makes a good project and how to submit a good proposal. The session will be presented by 2 members of the Gold Committee.

\_\_\_\_205- Kumihimo Braiding 🌣

Kumihimo is a form of Japanese braiding using various types of string. The braid is simple enough to teach girls grades 3 & up with impressive results!

\_\_\_206- Spy Science  $\Sigma$ 

Discover how spies use science. Learn how to write a message with invisible ink and analyze blood stain patterns. Uncover the science of fingerprinting. Figure out which pen was used to write a note. Activates and experiments are for all age levels.

\_\_\_207- Taking the Mystery out of Your 1st Troop
Camping Trip ❖ →

Want to be prepared and confident for your troop's first camping trip? Join us as we discuss some preparation tips like what to have in a camp box, and a schedule of the outing. We'll also discuss what happens when you arrive at the campsite, such as making an outdoor kaper chart, setting up the campsite, and more! \*Note: This session does not replace the GSEP Basic Outdoor Skills certification required for fire making & camping.

Networking? Yes, please! Access the Band App from your computer or Smart Device!



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\_\_301- Be a Citizen Scientist∑

Let's be citizen scientists! Dig into the Girl Scouts partnership with SciStarter to see what kind of research assistance scientists need in collecting data worldwide. We'll discuss the scientific method, how researchers collect data, and how Girl Scouts can participate in any sort of project that is interesting to them. We'll learn about the SciStarter tools and discuss how this badge and journey can be done in a virtual environment if needed.

\_\_\_302- Art Out of Doors 🜣

Discover how to create art out of doors with your girls. We'll use natural resources to create paint brushes, leaves in our artwork and get messy while having fun. Applicable for all age levels.

\_\_\_303- How-To: Girl-Led Travel CSA 🔺 🗲

Leaders can always plan fun trips. But, what does it mean to be girl led? How does that look? Whether they're Daisies or Ambassadors, the girls can take the lead at different levels and be inspired by the world around them.

\_\_\_\_304- Bronze Award Training 🔺

Expand your leadership adventure beyond the meeting. Learn how girls can earn the Bronze Award, the highest award for Junior Girl Scouts. See what can be accomplished with teamwork and determination.

\_\_\_305- Backpacking Basics CSA 🜣 🗲

Learn how to plan a manageable overnight backpacking experience including route, food, safety, and Leave No Trace. Session led by Beth "Squeak" Ritter-Guth a long distance section hiker on the Appalachian Trail who learned to backpack as a Unit Leader at Wood Haven.

306- Who Lives There? 🜣

Have you ever walked through the woods in the fall and winter and come across a nest or hole? Find out how to identify who lives where. We'll also discuss what nests can be made of and why.

307- DIY Face Masks 🌣

Learn how to design and hand sew your very own Girl Scout themed face mask. This is a great project to take back to your girls.





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#### \_\_\_\_401- Knife Safety

Pocket knives are a useful tool when camping and being in the outdoors. Learning knife safety and usage is an important skill to help instill confidence in the girls and help them take ownership in tasks that require the use of knives as well as ensure proper technique and safety for all involved.

402- Natural Art 🜣

Learn how you can maintain Leave No Trace principles while also getting your girls outside and creating art.

\_\_\_\_403- Troop Travel - the Paperwork! V 🔺 >

Travel is fun to plan, but what about the paperwork? We'll go over every step of it, from the travel forms, any additional insurance needed, and Certificates of Insurance. We'll look at the whys in some of this so that you have a better understanding and will be confident taking the girls around the corner or around the world!



404- Fall Product Sale Info Session 🔺

Join the Product Program Team to learn about the exciting new Fall Product Sale! Troops will have the option to sell nuts, candy, and magazines to earn money toward their troop adventures. We'll go over all the basics of this online sale, preview the state of the art sales platform, and answer any questions.

\_\_\_\_405- Take a Hike! 🜣 🗲

What does it take to put a hike together? What should you take? Where should you go? How far should you go? What happens if a girl hurts herself or gets lost? Where do you go to the bathroom? Join Beth "Squeak" Ritter-Guth, long distance Appalachian Trail hiker and Senior Co-Leader as she engages participants with games, challenges, and information!

\_\_\_\_406- Altered Book Art 🌣

An altered book is a mixed media project in which the artist transforms a book from its original form into a journal. This type of creation can be used as method of self-care and stress release. During the session, I will provide examples of altered book art and we will discuss materials and supplies to use. We will review ways to tie this type of project to badge work at every age level.

\_\_\_\_407- Leading a Multi-Level Troop 🔺

Are you thinking about running a troop for more than one age level? This class is for you! We will discuss meetings, badges, journeys, trips, cookies, bridging and more!



## **Registration Information and Session Overview**

9:00am-4pm event activities, sessions, & networking 8:00pm All-Camp Campfire

## Register online via the Program/Events Registration system

Cost	\$45
Registration period	September 1st-24th
Access to handouts and recordings after the event	~
Participant Kit:	<b>√</b>
Patch	
T-Shirt	Shipped prior to the
Instructions & links	event
Craft supplies for relevant workshops	

## **Questions?**

Email
<a href="memberservices@gsep.org">memberservices@gsep.org</a>
with "Fall Leadership 2020"
in the subject line.



#### **SESSIONS**

## Session 1

- o 101- Knot Tying
- o 102− SWAP it Up! ◆
- o 103- Paint Craft Trends 2020 ☆
- o 104- Gold Award Training
- o 105- Mysteries at the Museum ◆ →
- 106- Leave No Trace for Younger Girls DBJ ♥
- o 107- GSEP Leadership for Older Girls CSA ▲

#### Session 2

- 201- What's the Buzz? 🜣
- o 202- Decoding Menu Planning →
- o 203- Diversity 101 ▲
- 204- Silver Award Training
   CSA ▲
- o 205- Kumihimo Braiding 🕸
- o 206- Spy Science ∑
- 207- Taking the Mystery out of Your 1st Troop Camping Trip ○ →

#### Session 3

- 301- Be a Citizen Scientist ∑
- o 302- Art Out of Doors 🜣
- 303- How-To: Girl-LedTravel CSA ▲ →
- 304- Bronze Award Training
- 305- Backpacking BasicsCSA ♥ →
  - 306- Who Lives There? 🜣
- o 307- DIY Face Masks ☆

#### Session 4

- 401- Knife Safety
- 🔾 402- Natural Art 🜣
- o 403- Troop Travel the Paperwork! V ▲
- o 404- Fall Product Sale Info Session ▲
- o 405- Take a Hike! 🜣
- o 406- Altered Book Art 💠
- 407- Leading a Multi-Level Troop ▲

\*Workshops are filled on a first-come, first-served basis.

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